

Please note that this virus can make anyone sick regardless of their race or where they may be from.

Practice social distancing.

If someone gets very sick get medical help right away.

Call Neighborhood Health at 615 227-3000 for advice on symptoms.

This line is answered M-F 7am-5pm

The TN COVID-19 Public Info Hotline is 877-857-2945

The number for Metro General Hospital is 615-341-4000

SAFPAW



615-474-8390
safpaw.org

COVID-19
Information

What you need to know about the COVID-19 outbreak

Symptoms

*** Fever**

*** Cough**

*** Shortness of Breath**

Seek medical attention if you :

*** Develop symptoms or**

*** Have been in close**

contact with a person

known to have COVID-19.

What can you do?

* Wash hands whenever possible for at least 20 seconds.

* If soap is not available use hand sanitizer.

* Avoid touching your eyes, nose, and mouth.

* If you think you are infected, keep away from others.

* Clean your living space as often as you can.

* Avoid sharing personal items such as cigarettes, food, utensils etc.

* Limit your time away from camp or apartment.

* Avoid crowds, stay 6 ft. away from others.

* Try to spread out your camp.

Who is most at risk ?

* Older Adults

* People of any age with health conditions such as:

* Diabetes, Cancer, Lung Disease, Heart Disease

* Anyone with a compromised immune system